

GUARD YOUR HEART

1

Read

Proverbs 4:23

Luke 6:45

Joshua 1:8

2

Because Adam and Eve chose not to listen to God, every person is born with sin. With sin, our hearts are full of bad things and we are separated from God.

Color the first heart a dark color to show that it is full of sin.

When you choose to believe in Jesus and make Him your Lord and Savior, you are given a new and perfect spirit.

Then...

if you choose to **guard your heart**, you can get rid of the bad inside it.

How can you guard your heart?

Things enter your heart through your **eyes** and **ears**. To guard your heart, do not listen to or watch anything that God would not like.

Instead, read your Bible every day and do what it says! If you do, God promises you will be blessed!

3

Leave the second heart white. This shows what happens to your heart when you guard it. White and Clean! Everything you do comes from your heart!

4

Memorize Proverbs 4:23

